

# Surf Life Saving Association of Wales

## Memorandum

**From:** Coach Co-ordinator

**To:** All Members

**Date:** 3<sup>rd</sup> August 2011

**Subject:** National Coaching Foundation (NCF) Course

Surf Life Saving Wales is pleased to announce from 1<sup>st</sup> September 2011 the attached Coaching Structure is now fully available for delivery to our clubs and members. Our coaching structure is broadly in line with the recommended generic structure for Governing Bodies, although the Level 5 Elite Coach is termed 'Advanced Practitioner' for us.

As with the recommended generic structure for all sports, we also include the National Coaching Foundation (NCF) modules, which form a compulsory part of the qualification.

To deliver this programme we intend to split the delivery into NCF modules delivered Autumn/Winter time and Surf Sport modules delivered Spring/Summer time. This will allow us to plan our resources well ahead, so we can offer our members optimum opportunities to achieve these coaching grades. To that end, the following is the programme up until the end of December:

Date	Module	Venue
6 <sup>th</sup> Sept	How to Coach Disabled People in Sport	Aberavon Lifeguard HQ
<b>7<sup>th</sup> Sept</b>	<b>How to Coach Disabled People in Sport</b>	<b>Cardigan</b>
4 <sup>th</sup> Oct	Introduction to Long Term Athlete Development	Aberavon Lifeguard HQ
<b>5<sup>th</sup> Oct</b>	<b>Introduction to Long Term Athlete Development</b>	<b>Cardigan</b>
1 <sup>st</sup> Nov	Equity in your Coaching	Aberavon Lifeguard HQ
<b>2<sup>nd</sup> Nov</b>	<b>Equity in your Coaching</b>	<b>Cardigan</b>
6 <sup>th</sup> Dec	An Introduction to the Fundamentals of Movement	Aberavon Lifeguard HQ
<b>7<sup>th</sup> Dec</b>	<b>An Introduction to the Fundamentals of Movement</b>	<b>Cardigan</b>

Depending upon numbers wishing to take part, this programme will either be repeated in the New Year, or sessions will be run for the two remaining NCF modules. The cost of each module is £15 which includes the learning material and all classes will commence at 6.00pm.

**NB** Please be advised that the 'cut-off' date to register for ***How to Coach Disabled People in Sport*** is **Saturday 20<sup>th</sup> August**. This is needed so that Sport Wales can order the required amount of books for candidates attending.

Any queries, contact Phil Rees on 01443 686098 or email: philrees2003@yahoo.co.uk